



Fitness Attendant

Role Summary

Promoting a fun and relaxing environment for our guests, this role reports directly to the Recreation Supervisor and is responsible for maintaining the fitness centre for guests and assists the recreation coordinator in facilitating recreation activities. This person has a passion for fitness and exercise and will spearhead the physical wellness profile of our programming.

Accountabilities

- Maintain the cleanliness and organization of the fitness centre, by wiping down exercise machines, and removing towels, garbage and debris
- Maintain an adequate supply of cups and water in fitness centre and recreation areas
- Obtain, fold, and stack towels in fitness centre and distribute lockers and towels to guests
- Explain and enforce the rules and regulations of the fitness centre
- Maintain fitness and recreation area restrooms and showers
- Distribute pool towels to guests
- Maintain the cleanliness of the pool deck area including picking up towels and garbage
- Lead guided activities including running, walking, stretching and biking
- Provide information to guests about available recreation facilities and activities
- Maintain safety and security of children and adults participating in recreational activities
- Issue resort recreation equipment to guests including canoes and kayaks by following internal procedures and explaining safety protocol
- Respond to guest and department inquiries with respect to programs and activities
- Provide support with the set up and facilitation of children's programs during peak times
- Work closely with third party partners to ensure smooth communication to guests about additional activities offered
- Welcome and acknowledge each and every guest with a smile, eye contact and a friendly verbal greeting using the guests' names when possible
- Compliance with all safety regulations of assigned tasks, and ensure a clean and safe working environment with active participation in the health and safety program
- Adhere to all environmental policies and programs as required
- Other duties as assigned

Requirements

- Specialized training in a fitness or recreation related area an asset
- Embrace an active lifestyle through running, walking and biking
- Current Standard First Aid & CPR 'C' certification
- Current NLS 'Pool' certification, preferred
- Ability to work independently
- Experience working in hospitality an asset



Working Conditions

- Must be able to work flexible hours including evenings, weekends and holidays
- Required to move, lift, carry, pull and place objects weighing less than or equal to 25 pounds without assistance
- Stand, sit or walk for an extended period of time or for an entire shift
- Reach overhead and below the knees, including bending, twisting and pulling
- Move over sloping, uneven or slippery surfaces

JW Marriott The Rosseau Muskoka Resort & Spa is an equal opportunity employer committed to hiring a diverse workforce. Upon request by the applicant, accommodation options will be available in the local area.